

DECLARING THE EXERCISE BIOLOGY MAJOR

Students may be admitted to the University of California, Davis in the Exercise Biology (EXB) major if they indicate it on their applications. However, enrolled students who wish to change their major to EXB will have to file a Change of Major form.

INSTRUCTIONS FOR CHANGING THE MAJOR:

- Make a preliminary study plan listing all the necessary courses for obtaining a B.S. or A.B. in EXB.
 - **Freshman and Sophomores**: design a 2-year program that focuses on the preparatory courses and provides opportunities for a breadth of educational experiences.
 - **Juniors and Seniors**: design a 2 year study plan that focuses on the Upper Division core courses and the required Depth Subject Matter and provides time to pursue research and/or internship opportunities.
- If you are having difficulty selecting courses and creating a study plan, visit the EXB Advising Office in 188 Briggs and talk with the EXB Peer Advisor.
- If you are planning to attend a health professional school, visit the Health Sciences Advising (HSA) office in South Hall for information on health professional school requirements.
- Stop by during drop in advising hours in 188 Briggs to see Dianna Smith, the Academic Advisor, or see the Master Advisor, Dr. Keith Williams, during his office hours in 279 Hickey to review your study plan and have your Change of Major form signed.

Your study plan is **not a contract**.

It may and most likely will change as you develop your interests.

We encourage all students to explore and find the program that works best for them.